



**Toronto Location - Programs & Events Calendar**  
**May 2019**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women\	2	3	4
5	6 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	7 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	8 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	9	10	11
12	13 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	14 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	15 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	16	17	18
19	20 <b>Victoria Day</b> <b>Office closed</b>	21 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	22 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	23	24	25
26	27 8:30 pm - 12:30 pm Itinerant services at Daily Bread Food Bank 3:00 pm – 5:00 pm PAR session for women 5:00 pm – 7:00 pm PAR session for Polish men	28 10:00 am – 12:00 pm Citizenship preparation tutorials 5:00 pm – 7:00 pm PAR session for Russian men	29 10:00 am – 2:00 pm IT Drop In for Seniors 2:00 pm - 4:00 pm Support Group for Women	30 1:00 pm - 4:00 pm Itinerant services at Queensway Employment and Social Services	31	

**WE OFFER EVERY WEEK:** Settlement counselling, individual and family supportive counselling - family violence, housing, gambling counseling, programs for seniors.