



# WEEKLY CALENDAR

## MONDAY SEPT 27TH

### Seniors group: Boost your energy

🕒 11:00 AM - 12:30 PM  
✉ nrashid@polycultural.org  
☎ 905-403-8860 ext. 5231  
📍 Zoom Meeting

### (virtual fun activities for children (ages 6-13))

🕒 4:00 PM - 5:00 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 3248  
📍 Zoom Meeting

### Kid's Cooking Workshop

🕒 4:30 PM - 5:30 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 5227  
📍 Zoom Meeting

## TUESDAY SEPT 28TH

### English Conversation Circle

🕒 10:00 AM - 11:00 AM  
✉ ychin@polycultural.org  
☎ 416-439-1293 ext. 3239  
📍 Zoom Meeting

### Women Group: Sewing & Knitting

🕒 2:00 PM - 3:00 PM  
✉ nrashid@polycultural.org  
☎ 905-403-8860 ext. 5231  
📍 Zoom Meeting

### Childcare daily activities online

🕒 11:30 AM - 12:00 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 3248  
📍 Zoom Meeting

### Writing a Winning Cover-Letter

🕒 12:30 PM - 1:30 PM  
✉ smiranda@polycultural.org  
☎ 905-403-8860 ext. 5237  
📍 Zoom Meeting

## WEDNESDAY SEPT 29TH

### Seniors group trivia game

🕒 11:00 AM - 12:30 PM  
✉ nrashid@polycultural.org  
☎ 905-403-8860 ext. 5231  
📍 Zoom Meeting

## THURSDAY SEPT 30TH

### Virtual Workshop "Tenant's Rights & Responsibilities"

🕒 11:00 AM - 12:00 PM  
✉ shyamala@polycultural.org  
☎ 416-261-4901 ext. 3229  
📍 Zoom Meeting

### Exploring your Personality, Skills & Strengths

🕒 12:45 PM - 1:45 PM  
✉ smirandar@polycultural.org  
☎ 905-403-8860 ext. 5237  
📍 Zoom Meeting

### Senior's Program (55+Yrs.) Community Relevant Resource Mandarin Via zoom

🕒 2:30 PM - 3:30 PM  
✉ pcun@polycultural.org  
☎ 416-261-4901 ext. 3231  
📍 Zoom Meeting

### Rainbow Initiatives: LGBTQ2S Newcomer youth

🕒 6:00 PM - 7:30 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 3248  
📍 Zoom Meeting

### Food Hamper Distributions

🕒 2:00 PM - 4:00 PM  
✉ nmoussa@polycultural.org  
☎ 905-403-8860 ext. 5292  
📍 Zoom Meeting

### Virtual Youth Program

🕒 4:00 PM - 5:30 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 3248  
📍 Zoom Meeting

### Virtual Seniors' Group Session on "Yoga & Meditation"

🕒 11:00 AM - 12:00 PM  
✉ rrahmanyar@polycultural.org  
☎ 416-261-4901 ext. 3230  
📍 Zoom Meeting

### English Conversation Circle

🕒 2:30 PM - 3:30 PM  
✉ nrashid@polycultural.org  
☎ 905-403-8860 ext. 5231  
📍 Zoom Meeting

### Food Brings People Together Workshop

🕒 4:30 PM - 5:30 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 5292  
📍 Zoom Meeting

### Childcare daily activities online

🕒 11:30 AM - 12:00 PM  
✉ sho@polycultural.org  
☎ 416-261-4901 ext. 3248  
📍 Zoom Meeting

### Citizenship test practice

🕒 6:00 PM - 7:30 PM  
✉ nmosaad@polycultural.org  
☎ 416-261-4901 ext. 3228  
📍 Zoom Meeting

## CONSECUTIVE PROGRAMS

### Settlement Counselling Services

🕒 Mon - Fri : 8:30 AM - 4:30 PM  
✉ ciantorno@polycultural.org  
☎ 416-233-0055 ext. 1226  
📍 Zoom Meeting

### LINC classes: Full time

🕒 Mon - Fri : 9:00 AM - 2:30 PM  
✉ rphillip@polycultural.org or gdrazdzewska@polycultural.org  
☎ 905-403-8860 ext. 5244 or 5222  
📍 Zoom Meeting

### LINC classes: Part-time

🕒 Mon - Thurs : 6:00 PM - 8:30 PM  
✉ rphillip@polycultural.org or gdrazdzewska@polycultural.org  
☎ 905-403-8860 ext. 5244 or 5222  
📍 Zoom Meeting